## **LUNCH**Summer 2014

June 17<sup>th</sup> – Aug. 22<sup>nd</sup> (no lunch July 3<sup>rd</sup> & 4<sup>th</sup>)

GPSD No.7 Summer Lunch 4

Week Rotation Menu

Summer Lunch Starts June 17<sup>th</sup>. Meals available free for <u>all</u>children 1-18 years.

Monday –Friday (Sites and times listed below)

No Lunch Service July 3<sup>rd</sup> and 4<sup>th</sup> due to the holiday.

Persons over the age of 18 years are not eligible to participate. Sharing food with non-eligible siblings or parents is prohibited.

## \*MEALS MUST BE CONSUMED ON SITE\*

Chicken Nuggets
Cheesy Pasta
Fruit and Vegetable Variety
Low Fat Milk

Deli Sub

Quesadilla

Fruit and Vegetable Variety

Low Fat Milk

Teriyaki Rice Bowl Grilled Cheese Sandwich Fruit and Vegetable Variety Low Fat Milk Nachos Fajita Wrap Fruit and Vegetable Variety Low Fat Milk

Breakfast Sandwich

Cook's Choice

Fruit and Vegetable Variety

Low Fat Milk

Cheese Burger
Chicken Alfredo
Fruit and Vegetable Variety
Low Fat Milk

Deli Wrap Italian 3 Cheese Pasta Fruit and Vegetable Variety Low Fat Milk Pizza Chicken Caesar Salad Fruit and Vegetable Variety Low Fat Milk Bean and Cheese Burrito
PBJ Sandwich
Fruit and Vegetable Variety
Low Fat Milk

Hot Dog Cook's Choice Fruit and Vegetable Variety Low Fat Milk

Chicken Sandwich
Pizza
Fruit and Vegetable Variety
Low Fat Milk

Deli Sub
Turkey Pot Roast
Fruit and Vegetable Variety
Low Fat Milk

Bento Bowl Tuna Sandwich Fruit and Vegetable Variety Low Fat Milk Quesadilla Taco Salad Fruit and Vegetable Variety Low Fat Milk Spaghetti
Cook's Choice
Fruit and Vegetable Variety
Low Fat Milk

Chicken Nuggets

Egg Salad Sandwich

Fruit and Vegetable Variety

Low Fat Milk

Corn Dog
Chef Salad
Fruit and Vegetable Variety
Low Fat Milk

Cheese Burger
Bean and Cheese Burrito
Fruit and Vegetable Variety
Low Fat Milk

Nachos
Chicken Sandwich
Fruit and Vegetable Variety
Low Fat Milk

Pizza
Cook's Choice
Fruit and Vegetable Variety
Low Fat Milk

Gilbert Creek Park 11:00-11:30 Lawnridge Park 11:45 – 12:15 Westholm Park 11:00- 11:30 Reinhart Park 11:45-12:15 Morrison Park 11:00-11:30 Skate Park 11:45-12:15 Redwood 11:45-12:15 Allen Dale 11:00 -11:30



Alternate sandwich will be served daily.

Serving times may be adjusted if necessary.

(meals subject to change)

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